Welcome Home

By: Alina Whittle

The world today is a crazy, fast-paced, and often stressful place. It causes many to seek out an anchor in the storm. Some New Year's resolutions include a desire to rekindle spiritual faith. St. John Cantius is making it easier than ever to reinforce your devotion and rejuvenate your spirit.

For the second year, Catherine Joanne will be visiting St. John Cantius Parish for six days every month, during the third week of the month. Each day is devoted to a special aspect of spirituality. Parishioners and the general public are invited to all the programs for spiritual enrichment, worship and music.

Tuesday hosts a Twilight Retreat that consists of a potluck supper followed by music, prayer, and reflection on one of the “Ten Pillars of Joy” 6:30 p.m. in the Cafeteria.

Friday hosts Spiritual Date Night where couples may deepen their relationship with each other and with God in a relaxed setting that includes dinner. 7:00 p.m. in the Rectory Dining Room or Auditorium, depending on turnout.

Saturday hosts a Bible Discovery where attendees learn more about how to read, understand and pray with the Bible. 10:00 a.m. in the Rectory.

Sunday hosts a 10:00 a.m. Family Mass featuring the St. John Cantius music group as well as a Holy Hour and Evening Prayer beginning at 5:00 PM held in the church or chapel.

Spiritual Direction for Individuals and Couples are available in one hour sessions with Catherine Joanne for no charge. You can schedule to meet with her between Wednesday and Saturday. Call the rectory to reserve a time - 215-535-6667.

Fr. Joseph Zingaro welcomes all to come nurture and develop your faith, grow spiritually and better understand our Catholic beliefs. Fr. Joe and Catherine Joanne met in Canada years ago. He was impressed with her ability to interact with groups and individuals who were seeking spiritual direction and knew she would be a welcome addition to St. John Cantius.

Catherine Joanne earned a degree in music education (classic guitar) from Chestnut Hill College; a Masters' Degree in Spiritual Direction from the Institute of Formative Spirituality of Duquesne University; and a post Masters' certificate in Spiritual Direction from Boston College. She is the Spiritual Director of Saint Joseph's Dwelling Place, a guest retreat house in Ludlow, VT where she has helped countless individuals pray, reflect and contemplate their faith for over 25 years.

The success of this nonprofit, non-subsidized retreat house is a testimony to the wonderful work Catherine Joanne accomplishes there. It is sustained purely by the people who visit and enjoy the programs offered.

Some of her work can be seen via YouTube if you search Catherine Joanne Twilight Retreat on SJ/C Parish Media.

This is a wonderful opportunity to come home again and nurture and strengthen the spiritual light inside. The Rectory can be reached via telephone at 215-535-6667 or via email at parishservices@stjohncantiusparish.org.